

Theme Position Statement

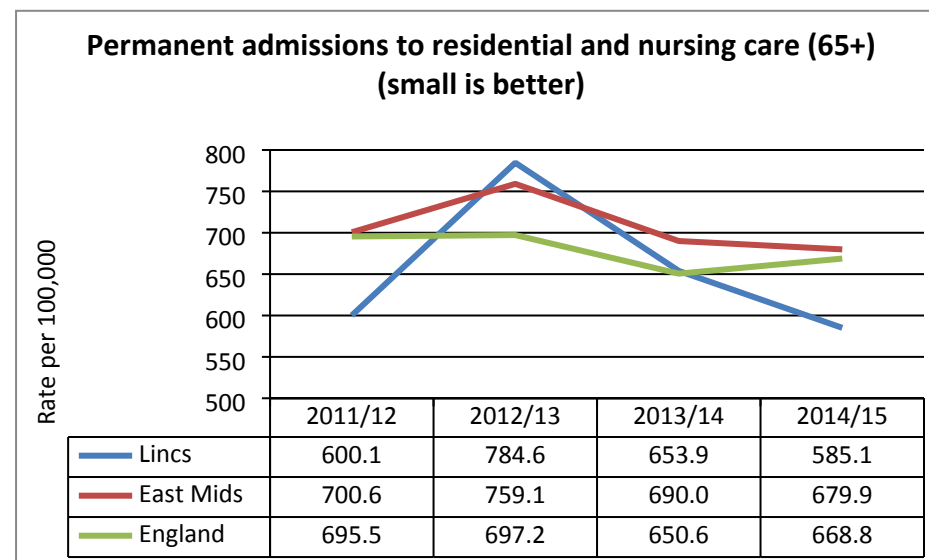
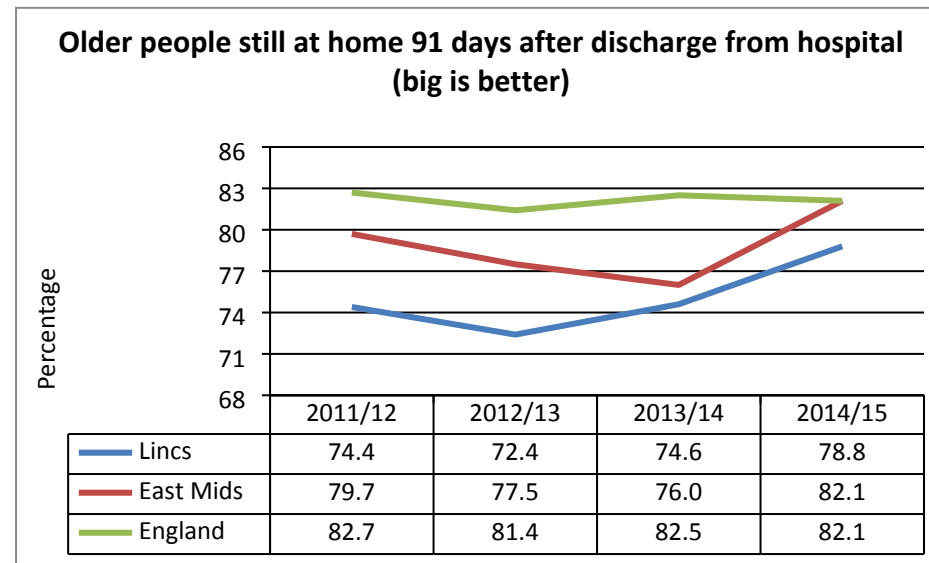
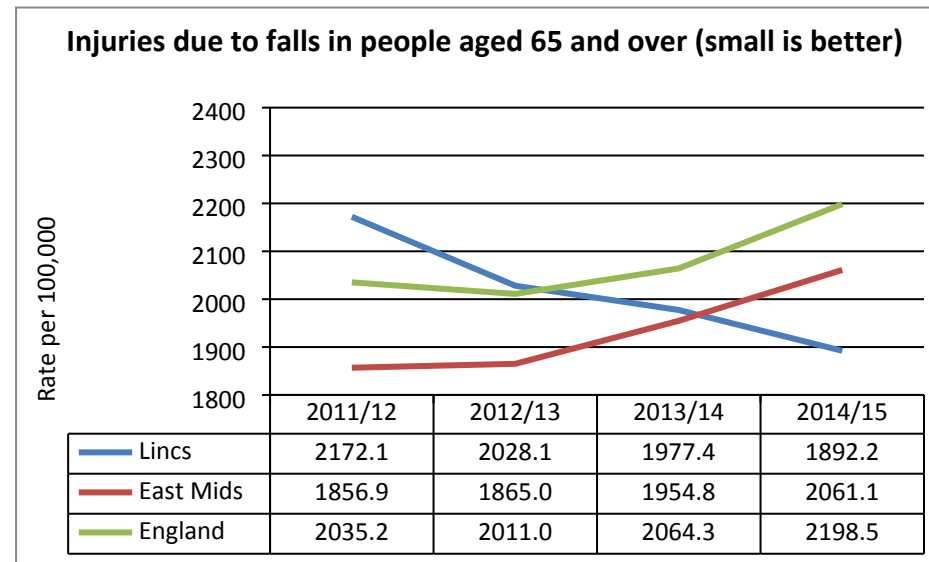
Lincolnshire faces the double challenge of an ageing population with increasingly complex needs and increasing budget pressures for the whole health and social care community, particularly in areas relating to non-statutory services. The case for greater integration and service transformation is well evidenced through the Lincolnshire Health and Care (LHAC) programme and the Better Care Fund Agreement (BCF), and both of these initiatives are key enablers to improving the health and wellbeing of older people, particularly in relation to the self-care agenda. A number of the indicators being used to monitor this Theme are also key metrics for the BCF. Alongside this, the Excellent Ageing Partnership brings together a range of organisations from the public, private, and voluntary and community sector working to improve the health and wellbeing of older people. Excellent Ageing focuses on ten outcomes aligned to the Theme priorities

Spend a greater proportion of our money on helping Older People to stay safe and well at home

The number of people experiencing a fall each year in England and across the East Midlands is rising, as you would expect to see with a rapidly ageing population. However, injuries due to falls in Lincolnshire have continued to reduce and for the first time in 2014/15 this was significantly lower than rates of injuries across the East Midlands.

The Local Account was introduced by the government to let local residents know about the successes, challenges and priorities within their local Adult Care services. Lincolnshire's Local Account for 2014/15 reported that:

- Adult Care spent £138.68m in 2014-15 of which 44% is spent on older people services. In delivering £7.9m of efficiency savings local Adult Care services contributed to helping people to stay safe and well at home through a number of projects including projects to divert people away for long term residential care.
- Updated data from last year's position statement shows that the continued reduction in rates of people being admitted to residential and nursing care in Lincolnshire exceeds what has been achieved across the East Midlands and the rest of England.
- Whilst the percentage of people still at home 91 days after discharge from hospital remains lower than the East Midlands and England, the levels have continued to increase across Lincolnshire and are at their highest level in 2014/15 against a context of worsening performance across England.
- The Better Care Fund was announced by the Government in June 2013 to ensure delivery of integrated health and social care between the NHS and local government. In Lincolnshire, the value of the total value of pooled funding between the NHS and Lincolnshire County Council was £197.3m to ensure people's wellbeing is the focus of health and care services.



Develop a network of services to helping older people lead a more healthy and active life and cope with frailty

The Wellbeing Service, continues to support people to live independently with support and/or technology in their own home, by providing more proactive, integrated, high quality support delivered through multi-disciplinary working. This includes the joining up information and advice services and making equipment, minor adaptations and assistive technology available quickly on a low level preventive basis.

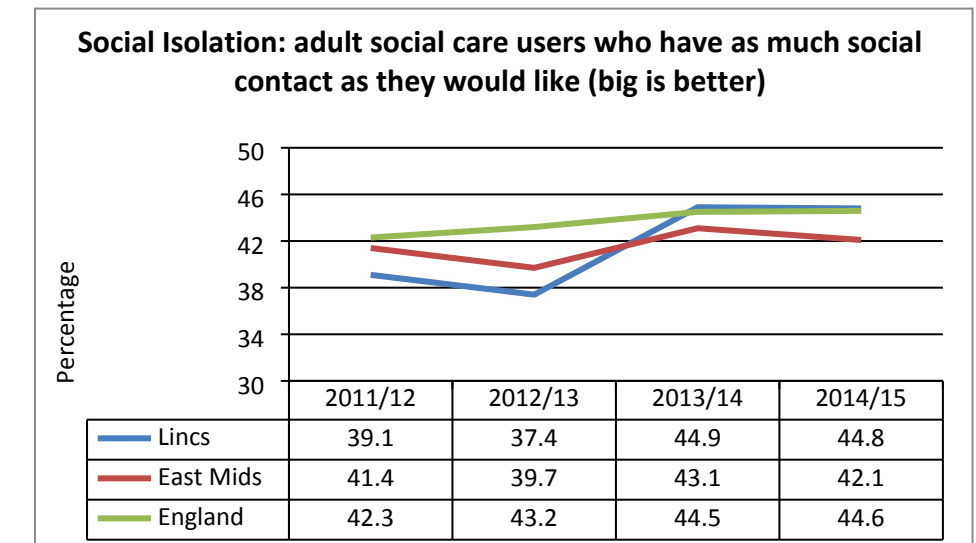
Alongside the Wellbeing Service being linked into the roll out Neighbourhood Teams as part of LHAC, it has also sought to increase its links with the wider self-care agenda. During the last 12 months the service has worked with the LHAC programme in the development of the Self-care Strategic Plan, the vision of which is to ensure that "people and communities have the confidence and motivation to improve and maintain their health and wellbeing".

Prevention measures which continue to support people to remain self and well at home in 2014/15 included 18,970 new referrals for adult care leading to information and advice/Universal Services being provided, over 3500 referrals to the Wellbeing Service (see later for more details) and 3000 people receiving support from the countywide Reablement service

Increase respect and support for older people within their community.

Adult social care users who told us through the Adult Social Care Survey that they have as much social contact as they would like maintained the improvement seen in 2013/14 (44.8% in 2014/15). This level continues to outperform both England and East Midlands levels however the difference is not significant.

Alongside this adult care services continue to support people to feel safe and secure with the level in Lincolnshire increasing in 2014-15 to 93.6% from 84.1% in 2013/14. This continues to exceed levels across the East Midlands and England.



I want to be active:

- Over 50's participation in physical activity programmes, such as healthy walks, outdoor gyms, 50+ classes and Vitality, continued to increase in 2015/16. Lincolnshire Sport has developed an online activity finder to allow people to search for activities to get involved with.
- Walking for Health services are being supported to become independently constituted bodies to ensure they can continue to provide support for active living on a self-sustainable basis.

I want to be healthy:

- A review of the Falls JSNA topic page was completed April 2015. There has been a continued trend of reductions in falls over the last 12 months.
- A multi-agency dementia officers group has been established which meets monthly to coordinate the Dementia Strategy Action Plan.
- Dementia Action Alliances (DAA) have been established across all Clinical Commissioning Group areas in Lincolnshire. The DAA continues to provide an effective forum for Lincolnshire County Council and strategic partners to promote co-ordinated improvements in dementia care and support.
- Dementia Friends Awareness sessions are increasingly held across a number of organisations and community groups
- A Dementia Family Support Service was launched in 2015 to ensure families have access to a support worker who will give information, guidance and practical assistance on a consistent basis to help avoid unnecessary crises. The DFSS will work closely with GPs and clinics to make sure good support is offered to people as soon as they need it following a diagnosis. Since October 2015 the service has supported over 1,000 carers and people living with dementia.

I want to put something back into the community:

- Senior Forum leads now attend Excellent Ageing Advisory meetings to act as independent older people representatives.
- Working with Community Advisors to promote the services being offered in community hubs and incorporating information in the asset mapping process.
- Members from the Lincolnshire Senior Forums attend quarterly meetings of the East Midlands Later Life Forum to share experiences and good practice

I want to be able to afford my life and understand my options:

- Links have been made between the Financial Inclusion Steering Group and Excellent Ageing to ensure both partnerships coordinate activities which affect older people.
- Development of programme of work with Trading Standards and Lincolnshire Police to raise awareness of scams, in order to protect vulnerable adults
- Over 80% of people reported that they feel they have choice and control over their daily life with 80%

I want to feel safe:

- Make Every Contact Count training has been delivered to fire safety advocates to enable them to delivery lifestyle messages to the public, including older people.
- People who receive services continue to feel safe and secure as a result of these services (see above)
- Adult Care continues to work to support people subject to the Deprivation of Liberty Safeguards (DoLS) and their families, providing advice and guidance. This has also included working with hospitals and care homes as numbers of applications have increased to ensure priority cases are identified.
- The Lincolnshire Safeguarding Adults Board (LSAB) continues to fulfil multi-agency responsibilities in relation to the protection of adults at risk from abuse and neglect in line with the requirements made in the Care Act 2014.

I want to have relationships and not be lonely:

- Research has demonstrated that the influence of social relationships on the risk of death are comparable with other well-established risk factors for mortality such as smoking and alcohol consumption and exceed the influence of other risk factors such as physical inactivity and obesity. Excellent Ageing and it's partners continue to tackle this through the following actions:
- The Wellbeing Service supports people who wish to improve their social relationships. In 2015/16, 87% of people identifying a need to do so were supported to access local services and groups.
- Talk, Eat, Drink (TED) in East Lindsey, funded by the Big Lottery, went live in April 2015. The project is being managed by Community Lincs and aims to reduce rural isolation and loneliness amongst older people.
- Good Neighbour Schemes are being developed in the county.
- The Excellent Ageing Advisory Group has reviewed NICE Guidelines NG32, "Older People: independence and mental wellbeing ", to ensure that the work of excellent ageing is aligned to principles identified in the guidance.

I want to be able to get around easily:

- Dementia Friendly Lincoln City Conference held in April 2015.
- Community Transport schemes continue to support older people across the county.

I want the right help when I need it from people I trust:

- Dementia Reading Well material launched in Lincolnshire Libraries as part of the Reading Well campaign and books on prescription scheme.
- Community Pharmacies have run advice and information campaigns targeted at older people, including dementia awareness, obesity and cancer.
- Development of Neighbourhood Teams has supported the more vulnerable elderly across all CCGs

I want to live at home for longer:

- Lincolnshire Health & Care promotes this, and case studies suggest that appropriate and timely intervention reduces admissions to hospital and residential care.

- The Lincolnshire Health and Care programme continues to strive to provide joined up care provided at the right time closer to peoples' homes.
- Following the publication of the Joint Carers Strategy 2014-18 and the Care Act 2014, carers are now supported by the Care & Wellbeing Hub located in the LCC Customer Service Centre, or by one of the Trusted Assessors for Carers based around the County, the majority of which are offered support to meet their particular needs as a carer.

I want to end my life with dignity:

- Planning My Future Care booklet and e-form have been refreshed and reprinted. Copies have been distributed to the LCYCP for inclusion in Carers Information Packs. Connection also made to 'All About Me' document.
- From 1st July 2015, a new partnership of Age UK Lincoln, Barnardos and the Lincolnshire Advice Network, led by Voiceability, is to further develop specialist advocacy for adults, children and young people into one service. This will support people to make their views about the care and support they receive heard and understood. It is a vital safeguard for people who may feel powerless in the face of professional opinion.

Future Challenges

- A growing ageing population with increasingly complex needs.
- Increasing financial pressures and budget reductions from central government affecting both the health and social care sectors, resulting in reductions of delivered services
- Increased reliance on the Third Sector and Faith communities. Reduced funding and increased difficulty in accessing wider grant funding has implications for future delivery from these sectors.
- Increased reliance on volunteers with the need to continue to support communities and individuals in volunteering roles.
- Behavioural and cultural change is needed to support the development of community based self-care

Future Opportunities

- Proactive care in the community and an increased focus on prevention will reduce demand on higher cost services.
- Further opportunities for health and social care integration including the pooling of resources.
- Promoting the role of the Voluntary and Community sector, and making better use of community assets.
- Increased partnership working across all sectors, in order to use reduced resources more effectively
- Lincolnshire County Council intends to use the following principles when commissioning Adult Care services in future:
 - Enhance quality of life for people with care and support needs
 - Delay and reduce the need for care and support
 - Ensure that people have a positive experience of care and support